



CALM AND CONNECTED

PROMOTING SELF REGULATION

Occupational Therapy Services

Services for Child Care Centers

Would your staff benefit from learning:

- **How to manage difficult behavior when working with a group of children?**
- **How the brain works so children can learn, listen and understand?**
- **Practical strategies for staff to use throughout the day?**

I specialize in working with children who have difficulty with concentration, attention, learning, behaviour, sleep, sensory processing, following instructions and listening. I am available to design training for your staff to address the particular difficulties the children attending your center are having. Here are the steps to ensure your staff receive the most benefit from this tailored training:

- 1) Call or email me to discuss the concerns your staff are having and what you would like covered in the training.
- 2) I will provide a short staff survey to be completed, to give staff the opportunity to highlight specific difficulties they would like support with.
- 3) Choose which format you would like the workshop delivered in which most suited to your staffing availability from the options below:

Training Type	Duration	Location	Benefits	Cost
Face to face training	2 hours	Day care center – flexible times to meet availability of your staff, including after hours.	Hands on activities included to enhance adult learning. All staff hearing the information together to support each other following session	\$250
Workshops provided on DVD	1.5 hours	10 copies provided to day care center for staff to watch at a time convenient to them.	Suits day care centers who may have difficulty bringing all staff together yet still want to provide them with this learning opportunity.	\$200
Daycare visit to model strategies to staff	1 hour minimum	Day care center – in classroom	Allows for follow up support to be shown how to implement the information and strategies provided in the workshops into your day care center	\$110 per hour
Follow up workshop - at least 2 weeks after the first workshop.	1 hour	Face to face or DVD option available	Gives staff opportunity to ask questions after they have practiced what they have learnt and be given advanced information.	\$110

To further discuss the services available, please contact:

Kate Keisler, Occupational Therapist on 0430 645 086

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